

## Purpose and Core Principles

1. Pearson College London (PCL) is committed to enabling students to achieve academic and professional success. The College places students at the centre of all its activities and adopts a holistic approach to supporting the student journey. Emotional and physical wellbeing are fundamental to positive student learning, engagement and achievement. PLC recognises that, alongside many rewarding experiences, university life can bring anxieties, pressures and challenges.
2. To promote student wellbeing, PCL has established a range of academic, social, psychological, physical and financial provisions. These seek to support students' academic success, foster inclusive communities, build confidence and resilience in students, as well as prepare career-ready graduates.
3. PCL is committed to evolve and enhance its provision continuously to promote student welfare.

## Definition

4. *Wellbeing* is defined by the World Health Organisation as “a state of complete physical, mental and social wellbeing and not merely the absence of disease or infirmity”. In the context of student wellbeing, the term, customarily, refers to a person's state of happiness and fulfilment, associated with welfare, low levels of anxiety, as well as a sense of purpose, self-realisation, and social connectedness.

## Affiliated PCL Policies

5. This Policy is aligned to the following strategies and policies:
  - a) Pearson College London Mission and Values Statement
  - b) PCL Equality and Diversity Policy
  - c) PCL Student Charter
  - d) PCL Safeguarding Policy
  - e) PCL Access and Participation Plan
  - f) PCL Prevent Duty

- g) PCL Additional Learning Needs Policy
- h) PCL Hardship and Access to Learning Fund
- i) PCL Academic progress policies, including attendance, extenuating circumstances, interruption of studies etc.

## Academic Achievement

6. PCL commits to provide student-centred, academically enriching, industry-focussed education which supports personal achievement. The College, further, seeks to pro-actively mitigate learner anxiety and assist students who need additional support to thrive.
  - a) **Flexible, inclusive, industry-focused programmes** support a diversity of student journeys, learning interests and career aspirations.
  - b) **A contemporary, adaptive, purpose-build learning environment** of physical and online resources supports effective academic engagement and skills development.
  - c) Comprehensive **digital learning resources**, with tailored adaptations to facilitate student access.
  - d) **Self-managed independent learning** embedded in programme design enables students to tailor their education to their personal academic and professional interests.
  - e) **Personal Tutors** advise students on academic and pastoral issues, and signpost students to additional College-based or external agency support.
  - f) **Additional Learning Support** assists students with specialised learning and assessment provision for a range of disabilities and/ or learning difficulties.
  - g) **Study Skills** support promote good academic practice, digital literacy, and achievement in research and academic writing.
  - h) **Academic progress** policies support students with exceptional circumstances.
  - i) Opportunities to accelerate, decelerate, **transfer** between programmes and modes of study allow students to adapt their learning to their individual preferences and personal circumstances.
  - j) Specialised **disability awareness** and inclusive learning development for staff.

## Social Community

7. A range of provision seeks to foster student integration, and a sense of belonging and social connectedness in students.

- a) As well as screening applicants, **admissions workshops** give students a taster of study at PCL, and start a learning community before enrolment.
- b) Clear **pre-arrival information** and engaging, tailored **induction** facilitate students' transition into College life.
- c) PCL's **pedagogy** fosters collaborative working and commercial awareness.
- d) Appropriate measures **safeguard** the welfare of children and vulnerable adults.
- e) **Partnership with students** on College initiatives and developments empowers students to influence positive changes to their learning experience and environment.
- f) **The design of communal spaces** fosters socialisation and collaborative working.
- g) **Student – tutor academic partnerships** lead to publications and international conference presentations.
- h) **Pearson College Student Association (PCSA)** represents the student body and organises student events, sports, and societies.
- i) **Student Representation** is embedded in all aspects of College governance as an essential conduit of the student voice and a continuous opportunity to enhance the student academic and pastoral experience.
- j) **Student Ambassadors** work with prospective students, faculty, external organisations, and industry partners on outreach activities and College events, thereby positively influencing the experience of applicants and students, as well as, themselves, gaining valuable transferrable skills.
- k) **Inclusivity and Wellbeing Student Ambassadors** work on initiatives that promote wellbeing, foster an inclusive community and support students from under-represented groups who would benefit from such peer engagement.
  - l) **Programme of events** ranging from industry engagement through suicide prevention awareness to health and wellbeing promotion.
  - m) **Student Central membership** for PCL students provides access to over 40 student clubs and societies.
  - n) Tailored **career development opportunities**, including talent development, internships, industry networks and events, support for enterprise, success and employability programme for students from under-represented groups.
  - o) **Prevent Duty** monitoring deters students from being drawn into terrorism, while safeguarding PCL's students and staff, and protecting freedom of expression.
  - p) **Student Experience Team** support the Pearson College Students Association, promote the student voice, facilitate student engagement in opportunities for student members of the College, and run student-facing initiatives which seek to engender a collegiate and connected student community.
  - q) **Mentorship and buddy schemes** support student transitions, student sense of belonging and student success.

## Psychological Wellbeing

- 8. PCL offers tailored, specialised assistance to students who need support to achieve their potential.
  - a) Specialised **Counselling Service** for students experiencing challenging life events.
  - b) **Signposting** to appropriate external agencies for targeted assistance.

**Mental Health Awareness** training for College staff.

## Physical Fitness

9. PCL recognises the positive effects of physical fitness on health and wellbeing and encourages students to exercise and participate in sport.
  - a) **Student Central** membership for PCL students offers access to a fully-equipped gym, fitness classes and an indoor pool in central London.
  - b) **PCSA sports society** and netball team offer students opportunities to keep fit, de-stress and work as a team.
  - c) The College's **One90 Calorie 'Conscious' Building** and **app** encourage the use of stairs as a way to exercise while at College.
  - d) Virtual fitness programme for students.

## Financial Assistance

10. PCL makes a range of provisions to remove financial barriers to students benefiting from higher education.
  - a) **Student Services** offer advice and information on a wide range of topics centred around College life, including admissions, accommodation, finance, module and course transfers and exam arrangements.
  - b) **Bursaries and fee waiver** schemes for students from low-income backgrounds and students with experience of care to encourage participation in higher education.
  - c) **Hardship Fund** for students in unforeseen financial difficulty.
  - d) **Travel Grant** for low-income and care experienced students to attend admissions workshops.
  - e) **Laptop and Internet Grant** for low-income and care experienced students.
  - f) Laptop loans for students in temporary need.

## Roles and responsibilities

11. The following have responsibility for wellbeing provision:

The **Principal** has overall responsibility for the College's student wellbeing provision.

The **Vice Principal (Academic Quality and Enhancement)** oversees the services and measures that contribute to student wellbeing.

**PCL's Schools** are responsible for inclusive programme design, industry-relevant education and networks, and academic, pastoral and study support for students.

The **Head of Student Services** has management oversight of the provision of student advice, support, additional learning needs and counselling.

The **Deputy Vice-Principal (Academic Affairs)** oversees safeguarding, Prevent duty monitoring, the College's access and participation commitments, the information published to students, and also liaises with the PCSA over student representation and student consultations on institutional enhancements.

The **Vice Principal (Industry Relations)** is responsible for employer engagement, talent development and enhancing the social environment.

The **President of the Students' Association** is responsible for student clubs and societies and student engagement with institutional developments.

The **Head of Library Services** is responsible for the provision of comprehensive, relevant and accessible learning resources.

The **Student Counsellor** offers confidential counselling to students in need.

The **Student Support Administration Manager** supports students with additional learning needs and monitors attendance.

## **Monitoring and Review**

12. This policy will be reviewed annually by REC.

<b>Person responsible</b>	Deputy Vice Principal (Academic Affairs)
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